

MY JOURNEY CURRICULUM

Real-Life Visual Library

PRINTABLE • VOLUME 2 • 128 ESSENTIAL PHOTOGRAPHS



**People • places • routines • communication •
safety • independence**

Editable labels and original, age-respectful real-life images
for school, home and community

**Use the learner's own photographs whenever they
communicate more clearly.**

Choose, personalize, teach and honor

1

Choose

Begin with a small set linked to a real current need—not all 128 at once.

2

Personalize

Edit the wording, language, photo, font and contrast. Pair with the pupil's established AAC/AT.

3

Teach

Introduce visuals during calm practice, then use them consistently in the real routine.

4

Honor

Respond to stop, no, break, pain, privacy and help without requiring speech or eye contact.

5

Review

Keep what works, replace ambiguous images and remove cards that are not meaningful.

Print: US Letter portrait • Actual Size / 100% • Cardstock optional

Real photographs need context and consent

Privacy

Never photograph pupils in toileting, changing, medical or distressing situations. Use neutral alternatives.

Consent

Ask before using a pupil's photograph and follow school/family privacy rules. Do not post student cards publicly.

Meaning

A photograph is not automatically understood. Teach its meaning and check that the pupil uses it consistently.

Safety

Emergency cards support—not replace—trained staff, individualized plans, supervision or emergency procedures.

Health

Medication, allergy, pain and access visuals support communication; qualified professionals remain authoritative.

Respect

Match chronological age, identity and culture. Avoid babyish images, stereotypes and forced normalization.

Communication access, mobility, sensory supports and refusal are rights—not rewards.

The library is organized around everyday

participation

01 People & helpers

16 editable real-life visuals

02 Places

16 editable real-life visuals

03 Daily routines

16 editable real-life visuals

04 Communication & regulation

16 editable real-life visuals

05 Travel & safety

16 editable real-life visuals

06 Independent living & work

16 editable real-life visuals

07 Health & access

16 editable real-life visuals

08 Food & leisure

16 editable real-life visuals

Each category appears first as a one-page selection board, then as four larger cut-apart card pages.

People & helpers



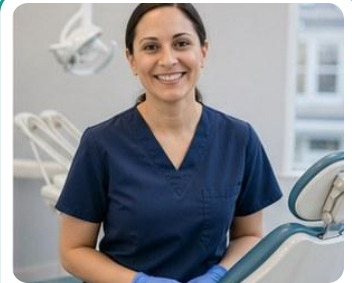
Teacher



Family caregiver



Doctor



Dentist



Nurse



Police officer



Firefighter



Bus driver



Cashier



Librarian



Therapist



Coach



Supervisor



Coworker



Friend



Unfamiliar adult

Places



Home



Classroom



Restroom



Cafeteria



Playground



School office



Health office



Grocery store



Pharmacy



Clinic



Hospital



Library



Bus stop



Park



Restaurant



Workplace

Daily routines



Wake up



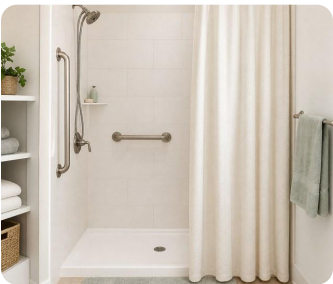
Use the toilet



Wash hands



Brush teeth



Take a shower



Get dressed



Eat breakfast



Pack my bag



Travel to school



Arrive at school



Learn



Take a break



Eat lunch



Go home



Home learning



Sleep

Communication & regulation



Help



No



Choose



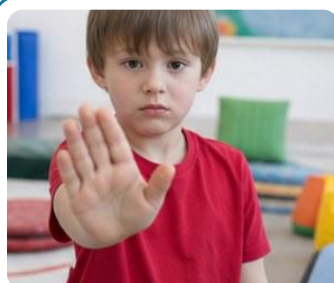
Wait



Finished



More



Stop



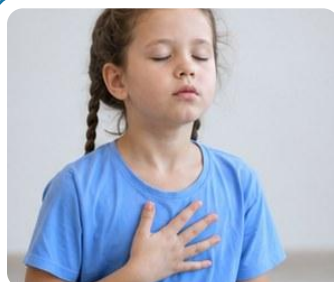
Break



Quiet space



Headphones



Breathe



Movement



Calm space



Pain



Worried



Happy

Travel & safety



Cross the street



Seat belt



Bus



Train



Car



Taxi / rideshare



Airplane



Bike helmet



**Pedestrian
signal**



Emergency exit



Fire alarm



Call 911



I am lost



Information card



Meeting point



**Wait at the bus
stop**

Independent living & work



Prepare food



Use the microwave



Do laundry



Clean the table



Recycle



Pay with cash



Pay with a card



Shopping list



Shop for groceries



Check the receipt



Check the time



Check the calendar



Job application



Job interview



Work uniform



Task checklist

Health & access



Water



Medicine



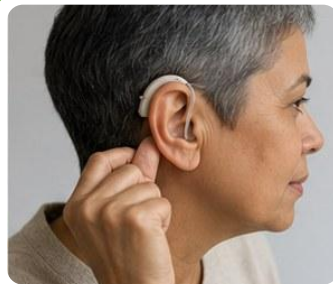
Allergy alert



First aid



Glasses



Hearing aids



Wheelchair



Walker



White cane



AAC device



Communication book



Medical alert



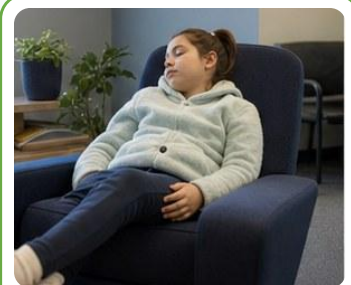
Period products



Headache



Stomach pain



Rest

Food & leisure



Water



Milk



Juice



Breakfast



Lunch



Dinner



Snack



Fruit



Vegetables



Sandwich



Pasta



Soup



Salad



Cook together



Board game



Listen to music

People & helpers • cards 1–4



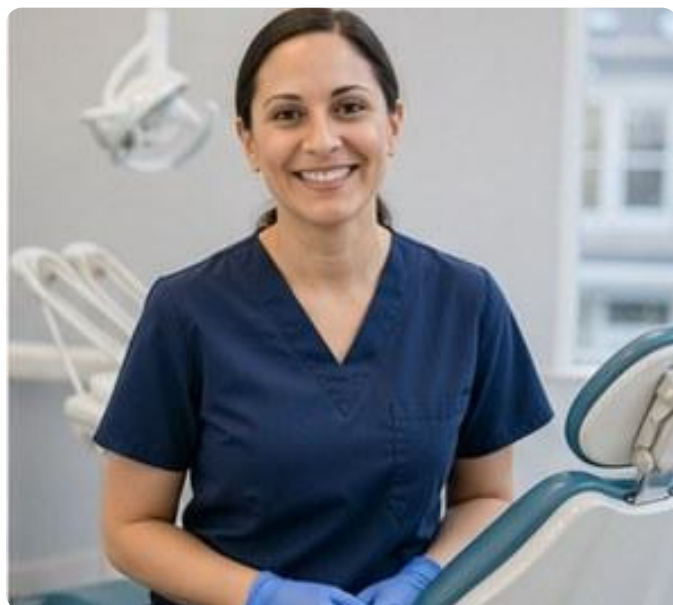
TEACHER



FAMILY CAREGIVER



DOCTOR



DENTIST

People & helpers • cards 5–8



NURSE



POLICE OFFICER



FIREFIGHTER



BUS DRIVER

People & helpers • cards 9–12



CASHIER



LIBRARIAN



THERAPIST



COACH

People & helpers • cards 13–16



SUPERVISOR



COWORKER



FRIEND



UNFAMILIAR ADULT

Places • cards 1–4



HOME



CLASSROOM



RESTROOM



CAFETERIA

Places • cards 5–8



PLAYGROUND



SCHOOL OFFICE



HEALTH OFFICE



GROCERY STORE

Places • cards 9–12



PHARMACY



CLINIC



HOSPITAL



LIBRARY

Places • cards 13–16



BUS STOP



PARK



RESTAURANT



WORKPLACE

Daily routines • cards 1–4



WAKE UP



USE THE TOILET



WASH HANDS



BRUSH TEETH

Daily routines • cards 5–8



TAKE A SHOWER



GET DRESSED



EAT BREAKFAST



PACK MY BAG

Daily routines • cards 9–12



TRAVEL TO SCHOOL



ARRIVE AT SCHOOL



LEARN



TAKE A BREAK

Daily routines • cards 13–16



EAT LUNCH



GO HOME



HOME LEARNING



SLEEP

Communication & regulation • cards 1–4



HELP



NO



CHOOSE



WAIT

Communication & regulation • cards 5–8



FINISHED



MORE



STOP



BREAK

Communication & regulation • cards 9–12



QUIET SPACE



HEADPHONES



BREATHE



MOVEMENT

Communication & regulation • cards 13–16



CALM SPACE



PAIN



WORRIED



HAPPY

Travel & safety • cards 1–4



CROSS THE STREET



SEAT BELT



BUS



TRAIN

Travel & safety • cards 5–8



CAR



TAXI / RIDESHARE



AIRPLANE



BIKE HELMET

Travel & safety • cards 9–12



**PEDESTRIAN
SIGNAL**



EMERGENCY EXIT



FIRE ALARM



CALL 911

Travel & safety • cards 13–16



I AM LOST



INFORMATION CARD



MEETING POINT



**WAIT AT THE BUS
STOP**

Independent living & work • cards 1–4



PREPARE FOOD



**USE THE
MICROWAVE**



DO LAUNDRY



CLEAN THE TABLE

Independent living & work • cards 5–8



RECYCLE



PAY WITH CASH



PAY WITH A CARD



SHOPPING LIST

Independent living & work • cards 9–12



**SHOP FOR
GROCERIES**



CHECK THE RECEIPT



CHECK THE TIME



**CHECK THE
CALENDAR**

Independent living & work • cards 13–16



JOB APPLICATION



JOB INTERVIEW



WORK UNIFORM



TASK CHECKLIST

Health & access • cards 1–4



WATER



MEDICINE



ALLERGY ALERT



FIRST AID

Health & access • cards 5–8



GLASSES



HEARING AIDS



WHEELCHAIR



WALKER

Health & access • cards 9–12



WHITE CANE



AAC DEVICE



**COMMUNICATION
BOOK**



MEDICAL ALERT

Health & access • cards 13–16



PERIOD PRODUCTS



HEADACHE



STOMACH PAIN



REST

Food & leisure • cards 1–4



WATER



MILK



JUICE



BREAKFAST

Food & leisure • cards 5–8



LUNCH



DINNER



SNACK



FRUIT

Food & leisure • cards 9–12



VEGETABLES



SANDWICH



PASTA



SOUP

Food & leisure • cards 13–16



SALAD



COOK TOGETHER



BOARD GAME



LISTEN TO MUSIC

Add the learner's own meaningful photographs

ADD PHOTO

EDIT LABEL

ADD PHOTO

EDIT LABEL

ADD PHOTO

EDIT LABEL

ADD PHOTO

EDIT LABEL

**The right visual is the one the pupil understands
and can use**

START SMALL

Choose 2–6 visuals linked to one real routine or communication need.

TEACH IN CONTEXT

Model the visual during the actual place, person, action or choice it represents.

LISTEN TO THE LEARNER

Change the image, label, size, language or placement when the learner shows it is unclear.

Visual supports should expand choice, communication and participation—not make a pupil more compliant.